La Vie est Belle

Retirement Village / Aftree-oord

Marimba Crescent, Sonstraal Heights

Email: laviedurbanville@gmail.com

**Telephone numbers**

* Office 021 979 2934
* Frail Care 021 979 7618 / 021 569 3631
* Kitchen 0660008776
* Security 021 979 3093

**Emergency numbers**

* Durbanville Police 021 970 3800
* Emergency (Landline) 107

(Cell phone) 112

* Dr Marelize Vlok 061 542 0091 (home visits only)
* Durbanville Hospital 021 980 2100
* Titanium Ambulance 064 890 5274
* Durbanville Municipality 021 970 3000
* Telkom (Faults) 10210

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**BACKGROUND & LEVIES**

La Vie est Belle (meaning “Life is Beautiful”) was developed by Devmark Properties and the first residents took occupation in November 2003.

The village comprises 124 own title houses (Home Owners’ Association) and 96 flats (Sectional Title), all privately owned. From time to time, units do become available to sell or to rent. The price of houses for sale depends largely on the owners and ranges from ± R2,3 million to R3,4+ million. When rentals become available, the rental charged also depends on the owner. There are 6 different sized houses and levies are charged according to size as follows:

**HOUSES:**

10 X B Houses : R661 (± 80 m²)

27 X C Houses: R781 (± 92 m²)

29 X D1 Houses: R941 (± 110 m²)

33 X D2 Houses: R1 096 (± 126 m²)

18 X E Houses: R1 184 (± 140 m²)

7 X F Houses: R1 362 (± 150 m²)

**FLATS**:

The flats consist of 1 bedroom (± 46 m²) and 2 bedrooms (± 60 m²) with levies varying between R800 – R1 158 and assisted living flats (± 37 – 45 m²) with levies varying between R587 – R812. There are 28 basement parking bays attached to certain flats with a levy of R316. Selling prices presently vary between R1 300 000 – R1 700 000.

Levies are reviewed annually in March and the trustees’ main aim is to keep the increase as low as possible.

**COMMITTEE MEMBERS**

The current Executive Committee (Trustees) consists of the following members:

Errol Nicolay Chairman

Letitia Hedinger Sectional Title

Annette Griffiths Sectional Title

Joan Strauss HOA

Rolene Visser HOA

Franco Werth HOA & Sectional Title

Leon Vermaak HOA

**OFFICE & STAFF**

The office is managed by Marlene Viljoen (Manager) and assisted by Sandra Andrews (Receptionist). Office hours for residents are Monday – Friday from 10h30 – 12h30, although the office is open until 16h00. Cas Knoetze is responsible for the upkeep and maintenance of La Vie and the outside workers, Frikkie Berends, Daniel Jacobs, Sakkie van Eck and Zolani Sonyelwa (Bles).

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**FRAIL CARE (BONNE SANTé)**

Frail Care and home-based care facilities are available at La Vie at extra costs and individual requirements must be discussed with the Sister in charge who will also negotiate frail care packages and relevant prices. The Frail Care facility consists of 25 beds (8 single rooms, 5 x 3-bed rooms and 1 double room).

We do have a panic button system which is to be used in an emergency only. The call will be received by the security guard and the Frail Care who will follow up on the reason for the call and if necessary they will contact MERS (Mobile Emergency Response Services) which is part of the Halt group who also provide La Vie’s security services.

The Frail Care also provides a wellness clinic on Mondays, Wednesdays and Fridays where the following services are offered, on appointment, at a minimal cost:

* Blood pressure
* Blood sugar tests
* Urine tests
* Injections

**MEALS**

Menus are put in letterboxes regularly and must be booked a day before the time. Daily meals are available from:

**La Vie kitchen (Tel: 066 000-8776**)

* Booklets containing 10 tickets @ R550,00 (plate only)
* Single meals (plate only) R68,00
* Soup or pudding at R10,00 each
* 3-course meal @ R78,00

Meals are served in the dining room every afternoon from 13h00 except Saturdays when take-away lunches are available, conditions and circumstances permitting.

**Café 22 on Oxford (Jason – Tel: 081 345-2892**)

* Take-away meals @ R50 are delivered daily.

**TV HOTEL PACKAGE**

Multichoice Business Stay Essential package at R430 per month, consisting of 84 channels, is available at La Vie. A list of channels is available on request.

**FUND-RAISING**

La Vie believes in fund-raising to keep the levies as low as possible and prior to Covid-19 a golf day was held annually in February towards which residents and owners were requested to contribute R100 per person per year. Due to circumstances, we cannot continue with this event, but we will continue with the R100 per person per year. Other fund-raising events are also arranged during the year.

La Vie has re-introduced a fund for special projects at R25 per person per month (it used to be called the bazaar fund) which helps fund unexpected expenses.

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**FACILITIES & ACTIVITIES**

* **LIBRARY**: Hilary Maxwell (021 975 6054) and Elaine Hughes (073 241 9756)

Mondays and Thursdays from 09h00 – 16h00

* **LICENSED BAR**: Trish Morton (021 976 4148)

Friday afternoons from 16h30

* **HAIR SALON**: Sonja (064 180 6934)

Tuesdays – Fridays (by appointment)

* **D-STRESS SALON:** Marinda Stadler (084 816 1815)

Manicures, pedicures, facials, waxing (by appointment)

* **BINGO**: Trish Morton

Friday afternoons at 15h00

* **TRANSPORT TO CAPE GATE**: Juliet Steyn (073 214 8619)

Wednesday mornings at 08h30 (Meet in lounge)

* Bowling green, braai facilities and swimming pool
* Church Services (Afrikaans services fortnightly at 18h00)
* Line dancing Mondays @ 15h00 in dining room
* Chair exercises Tuesdays @ 09h00 in dining room
* English Bible study group meet on Tuesdays at 10h00 in lounge in Bonne Santé
* Afrikaans Bible study group meet on Wednesdays at 10h00 in Community Centre lounge
* Hand craft group meeting every Thursday afternoon
* Board & card games at various homes
* Various entertainment and functions as advertised

**PETS**

La Vie does not encourage the keeping of pets, but allows residents in houses to have one cat or one dog. No pets are allowed in the flats.

A complete set of house rules is available from the office.

**SECURITY**

Security at La Vie is a high priority and we have a contract with the Halt Security Group who provide us with 24-hour manned security at the entrance and exit gates. Halt does two patrols during the night. We have electric fencing on all the boundary walls and CCTV cameras on the western boundary wall which is monitored at the gate as well as in the office by Cas Knoetze.

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**GARDEN SERVICES** – Protea Landscapers (Marius van Deventer)

La Vie’s lawns (common areas as well as the houses) are mowed twice per month.

**REFUSE REMOVAL**

* **Houses**: Black bags must be put outside on the driveway early Tuesday mornings which will be collected by our outside staff.
* **Flats**: Bags to be put outside the doors every morning which will be collected by Sakkie.
* **Garden refuse**: Please ask our outside workers to provide black bins when required.

**ELECTRICITY**

All units (houses and flats) have pre-paid electricity meters. Electricity can be purchased online or at Checkers, Cobble Walk.

**WATER**

* **Houses**: Water meters are read on the last day of the month and accounts will be put in the letterboxes during the following week. Water accounts must be paid separately, either by EFT or at the office during office hours.
* **Flats**: All flats have pre-paid water meters. Water can be purchased online or at Checkers, Cobble Walk.

**NEWSPAPER DELIVERIES**

Newspapers of your choice (Die Burger, Rapport, Sunday Times etc) are delivered to the front door of residents. Residents must arrange for such deliveries themselves.

**ESTATE AGENTS USED BY LA VIE**

La Vie makes use of the following 3 very reliable, efficient and qualified estate agents who specialise in retirement villages and know the requirements of our village very well:

Lenie du Preez 082 852 4593

Linette Teepe (Shani) 079 493 9649

Estelle Kitching 072 626 4084